A Study of the Relationship of Psychological Capital and Students’ Performance

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Abstract

The present empirical exploratory research is designed to investigate the psychological capital in two groups of students labeled as high performing students and low performing students. The study further explores the relationship of psychological capital and students’ performance. Using convenient sampling method, data were collected from 240 students studying in a management college of Bhutan. The measure of psychological capital in this study was adopted from the psychological capital scale. Student’s end - semester marks of the last semester is taken as their performance. T-test, regression analysis and Cohen’s effect size (f square) were used to analyze the obtained data to meet the objectives of the study. Results revealed that high performing students have significantly higher level of psychological capital compared to low performing students. The result further revealed that psychological capital moderately explains the performance of high performing group. The research implies that college management should try to develop psychological capital in students as a broader part of curriculum especially for low performers.

Key Words

Hope, optimism, psychological capital, resiliency, self-efficacy, student’s performance.

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